

Central Service Area Authority Board Meeting
Board of Investments – 2401 Colonial Drive --- Helena
Friday, June 29, 2007 -- 10:00 AM to 3:00 PM

Call to Order, Introductions, Welcome New Members

The meeting was called to order at 10:12 AM. A quorum was present. It was the first meeting for new members Gary Travis, Park County LAC; Delores Plumage, Blaine County Commissioner; and Lee Lembke, Havre LAC. The rest of the Board and the guests introduced themselves.

Board Members Present: Vernon Bishop, Lee Lembke, Gary Mihelish, Mike McLaughlin, Mike Menahan, Joe Moll, Marlene O'Connell, Tom Peluso, Delores Plumage, Lenore Stiffarm, Gary Travis, David Young, Anita Roessmann

Board Members Absent: John Kultgen, James Gustafson, Dan Aune, Martha Bottelson, Kathleen Hartman, Molly Protheroe, Matthew Stewart, Jacob Wagner

AMDD

Sharon Odden, CMHB; Rita Pickering, CMHB; Jane Wilson, AMDD; Dan Ladd, AMDD

Others Attending

Natalie Bolon, MCADSV SAMH Coordinator; Nikki Hemans, Helena YWCA-VISTA Volunteer; Tracy Velazquez, Montana Mental Health Assoc; Patti Jacques; Dennis Alexander, Commonweal Consulting; Jeffry Krott, CSAA Alternate; John Beck, WMMHC-Livingston;

Minutes

Mike Menahan moved to accept the minutes as presented; second by Marlene O'Connell; approved.

Treasurer's Report- Mike McLaughlin

Mike reviewed the Treasurer's Report. **Vernon Bishop moved to accept the Treasurer's Report as presented, subject to audit. Second by Lenore Stiffarm; approved.**

Local Advisory Council Reports

Gallatin County –Tom Peluso

- Mental health services have been extended to the rural communities of Belgrade, Ennis, and Three Forks; Dan Aune went to West Yellowstone this week to offer services there.

Great Falls-VernonBishop

- The Great Falls Transportation Advisory Committee (TAC) is learning about the intricacies of developing a transportation plan.
- Peer Support—Vernon Bishop was reelected as Board Chairman. The open house has been postponed until fall due to plumbing problems.
- The next meeting is a work session to brainstorm projects for next year.
- Natalie Bolon, MCADSV SAMH Coordinator, will be the September meeting presenter.

Teton-Pondera—Vernon Bishop for John Kultgen

- Peer Support Project—there is much lack of understanding of mental illness and recovery in this community.
- Problems in rural communities/small town challenges: space is needed where Peer Supporters can meet with people in non-“public” space. In the mean time, it was suggested

that Peer Supporters need to be more discreet when working with people in small towns. --A suggestion was made that the county(s) be contacted to see if they can help with providing space.

Helena—Gary Mihelish

- Crisis Response Team (CRT) progress--24/7 coverage is provided by three therapists, each working four (24 hour) days on and eight days off. More calls have been received each month from its launching in March, 2007. In May, there were 50 CRT responses. People served by CRT were referred to local treatment, their family, or to the mental health center. Funding for the CRT must be found.

Discussion

- Most CRTs are supported by the counties in which they serve, the local MHC, and the hospitals.
 - Would 72 HPE be a possible source of funding for CRTs? Would the legislators who supported 72 HPE have to be consulted about their intent for 72 HPE funds?
 - It was suggested that this bill was written loosely so that, rather than tracking down legislators, maybe a proposal for use of funds in this manner should be written and submitted to AMDD for review.
 - The SAAs are not the only group that will want funds from 72 HPE.
 - Bottom line--Do it, Do it right, Do it soon.
- Dr. Nathan Munn's video on suicide--Several Board members have seen it and say it is a valuable resource. It was suggested that CSAA purchase copies for distribution.
 - Considering election of new officers.
 - ComPeer—has tough requirements and restrictions, but it's being worked on.
 - There was a facilitated meeting on what a Helena drop-in center would look like. Ten consumers attended; their wishes and needs were noted.

Havre-Lee Lembke

- WRAP training was facilitated by Great Falls (Lee described it as "excellent"); there were 5 attendees.
- One Havre police officer has completed CIT training; he will share what he learned with other officers on the force.
- NAMI is getting started in Havre.

Needs/concerns:

- Need an intermediate place for people to go instead of the emergency room.
- There are long waits in ER before people are transferred to behavioral health (a secure unit with up to 18 beds. At this time the unit is neither fully staffed nor is the staff fully trained.).
- Want peer involvement.
- Need an intermediate group home for kids.
- Need long-term treatment.
- There are so many needs that it is difficult to know which to address first. The goal is to integrate the isolated pieces of care into one unit.

Livingston—Gary Travis

- Crisis care—there was a meeting with the city council, asking them to pay 50% funding for crisis services.
- Crisis Attendant—this would be a person who could sit with a person in crisis. The intent of this community is to use any and all available resources to meet needs. In rural communities

alternatives need to be considered, for example, rent motel room where family and therapist can be with person in need. 72 HPE funds need to be used creatively!

LEEP—Mental illness education for law enforcement officers--informs any first responder how to interact with a person with mental illness. It is meant to be a supplement to all other training. Format: business-size cards and posters. The information can be seen on the NAMI-Montana website at www.namimt.org.

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Presentation and Discussion of the CSAA Board Survey—Facilitated by Dennis Alexander, Commonweal Consulting (three items relating to the survey were handed out) Participation in the discussion was limited to CSAA board members, alternates, and elected ad hoc members only. Tom introduced the survey (created by Dennis Alexander under the training grant with Commonweal Consulting) that was sent by email to all Board members during the month of June. Tom requested that the Board retroactively approve use of training grant funds for this purpose.

Motion: Vernon Bishop moved to approve the use of funds from the training grant with Commonweal Consulting for creation and administration of the Board Survey; seconded and approved.

Dennis handed out 2007 CSAA Board Member Survey, and explained the survey results: Twenty two surveys were sent out and 17 responses were received. He said that it is important in strategic planning for a group like the CSAA to do this kind of survey, and that the results can be used to help guide the planning process and governance of the organization. (After seeing ours, the ESAA voted to conduct same survey.)

- Involvement of all stake holders and CSAA was considered “very important.”
- All the activities that the CSAA is involved in were considered “very important” (the statements that were rated were taken from the either the statute creating CSAAs or the CSAA mission statement).
- Scores were lower for, How well is the CSAA doing? .
- Collaboration with AMDD: over 80% indicated SAAs and AMDD should work as a team to develop plans and make decisions jointly. Now we need to develop consensus on the meaning of “collaboration” so that we can work together effectively.
- Satisfaction with CSAA operations varied. Lowest scoring were “productivity” and “management of conflict of opinions”; highest scoring were “ability to participate actively in meetings,” and “time of day of Board Meetings.” Dennis suggested we think about time of day and length of meetings; we could be excluding some people just because of these issues.
- Satisfaction-respondents were generally satisfied with financial reimbursement for travel, food, etc; time they devote to CSAA; professional resources available to them; and the amount of responsibility they have.

Discussion

- Appreciation by the Board to Dennis for the quality of the survey and the information it produced for the Board.
- Cultural competency--what does it mean? How is it related to tribal needs? Some of the unique needs of Indian People were addressed:
 - The lack of or non-functional infrastructure on reservations
 - Reservations/Indian People don't go about things in the same as the surrounding areas/people.
 - Need for tribal police officer training
 - No motels on or near the reservation
 - Housing shortages
 - Lack of meeting space
 - Provider conflicts around HIPAA/confidentiality;
 - Mistrust of outsiders coming in.

Comments people made on the survey were handed out, *CSAA Survey Comments*. Dennis encouraged Board members to view this process as constructive. Points from “How well is the CSAA doing at...” (first page of the CSAA Board Survey) were posted on large sheets around the room. Board members were given time to write specific activities that could be done to improve in each of the six areas. Dennis will compile the results and get them to Ellen Cox for distribution.

Discussion

- Should we be building the CSAA/SAA agendas around the decision making timelines of the Legislature, Governor’s Office, and AMDD? Do we need to be asking Joyce DeCunzo, Where are you at right now? What are your deadlines?
- What is the intent of the SAA Summit? Initially, the intent was to get the executive boards of the three SAAs together to interact. Then attendance was so low that it was opened up. Do we have a body that is now too large to be effective?
- Current twice-monthly teleconferencing meetings of the three SAA Executive Committees would lose their effectiveness if the members from all the SAAs were included.
- A communication plan was developed by the CSAA two years ago. Tom will get it to Ellen for distribution

Parked Items, Discussion, Other

- Dr. Munn’s DVD (about 1 hour long) costs \$25/copy. ***Vernon Bishop moved that we start off by purchasing 6 of Dr. Nathan Munn’s suicide DVDs for distribution to the LACs. Seconded; approved.*** Gary Mihelish will distribute these; Tom will get the LAC addresses to Gary.
- Patti Jacques is the contact person for Montana State Hospital Chapel Project. She handed out information and donation envelopes.
- CIT training in Billings in September; in Helena in September or October. Training costs \$200 per person. Are there scholarships? Contact Roland Mena 444-3605 Montana Board of Crime Control to see if there is funding available (Billings currently has a \$49,000 grant from AMDD for CIT training).

Adjourn

The meeting was adjourned at 3:00 PM.