

Central Service Area Authority Board Meeting

Friday, March 28, 2008 --10:00 AM to 3:30 PM

Board of Investments, 2401 Colonial Drive, Helena, MT, 2nd Floor, Conference Room

All CSAA Board meetings are open to the public.

PUBLIC COMMENT STATEMENT: In accordance with 2-3-103(1), MCA, the CSAA Board will hold a public comment period. The Open Forum is the public's opportunity to address the Board on any public mental health issue. While the Board cannot take action on the issues presented, the Board will listen to comments and may place the issue on a subsequent agenda for possible action. The Chairperson of the meeting determines the amount of time allotted for public comment.

Call to order, welcome and introductions

Chair Tom Peluso welcomed everyone to the March CSAA meeting. Call to order was at 8:21 AM and a quorum was present. Dan Aune has resigned to move to another job.

Attendance

Board Members Present

Vernon Bishop,	Mike Menahan	Lenore Stiffarm
Martha Bottelson	Gary Mihelish	Jacob Wagner
Sue Chvilicek	Joe Moll	Mavis Young Bear
James Gustafson	Tom Peluso	
Mike McLaughlin	Molly Protheroe	

Board Members Absent

Anita Roessmann	Marlene O'Connell (excused)
David Young	

AMDD

Alison Hwong	Jane Wilson
Dan Ladd	Ellen Gartner

Guests

Jeffrey Krott—CSAA Board Alternate
Louise Brewster—Gallatin County LAC,
Barbara Mote
Keva Lee Lewis—Teton/Pondera LAC & Peer Support Specialist
Michael Caruso
Elaine Bruce—Rocky Mountain Development
John Schroeck— Montana Primary Care Office
Patti Jacques—Montana State Hospital Chapel Project

Staff—Ellen Cox, Recording Secretary

Minutes

Lenore Stiffarm moved to approve the minutes as corrected. Second by Vernon Bishop. Motion carried.

Corrections

- Keva Lee Lewis name spelling corrected; she is a Peer Support Specialist
- Mavis Young Bear was present at the February meeting

Discussion

- Dan Ladd felt the Super Summit (presented by MHOAC, February 2008) included lots of groups, and produced a somewhat vague document, which was the most that could be

Agenda Review

Requested Additions

- Mavis Young Bear: assistance for tech training
- SAA Summit—CSAA organizes the April Summit
- Mental Health month is May. SAAs took the lead on this last year
- John Schroeck will be stopping in this morning on way out of town

Treasurer's Report -- Mike McLaughlin

- After researching how to set up CSAA's financial documentation, Mike learned that cash basis would be most appropriate. Henceforth, the Treasurer's Report will cover the month preceding the meeting. (Example: at the March CSAA meeting, financials through end of February will be presented). The two other SAAs are using this same system.
- The Treasurer's Report will be presented in a revised format which gives a better representation of how funds are budgeted and used
- Mike has pulled together all information for audit of FY 2006 and 2007. Materials will be turned over to state for review
- Mike will meet with Martha Bottelson and Gary Mihelish (financial review committee). Mike will shepherd this committee
- Dan Ladd stated that if allocated funding is not being spent by CSAA then future funding is likely to be cut in relation to funds not used. Dan advises CSAA to use all its funding—for LAC projects for example
- December 2007 through Feb 2008 Treasurer's Reports were presented

Lenore Stiffarm moved to accept the Treasurer's Report subject to audit. Second by Vernon Bishop. Motion carried.

News and Work Assignment reports from Local Advisory Councils

Park County LAC—Sue Chvilicek

- Is struggling getting people to table and consumer participation
- New hospital coming which will have an observation room for people in crisis
 - The challenge is how to get staffing for this

Gallatin County LAC—Jacob Wagner

- Two handouts: *Mental Health Local Advisory Council, March 10, 2008 (draft) Minutes, Gallatin Mental Health LAC 2008 Priorities*
- Gallatin County sending people to Memphis, TN, for CIT training

Helena LAC – Jeffrey Krott

- Only part of the \$800 given by the CSAA to the Helena LAC for its recent crisis prevention planning meeting was needed. Dan Anderson will be writing a check to the CSAA for the amount of \$484.64 representing the funds not used for the meeting. Receipts will be included.
- The first Helena WRAP class graduated from CMH on Wednesday March 26. Jeffrey presented Barb Mote her graduation certificate at the CSAA meeting. James Gustafson and Molly Protheroe offered the class. Molly said that the WRAP group will meet 2 hours every other week to get all their work completed.

Cascade County LAC – Vernon Bishop

- Discussed upcoming Recovery Grants and how they would affect Great Falls and the region
- Great Falls in implementing CIT training
- Discussed nominations for CSAA Board—committee of 4 worked on this.
 - The terms of four people on the CSAA Board from Great Falls are expiring

- Made effort to include everyone in the selection process

Teton/Pondera LAC—Keva Lee Lewis

- Haven't met for 2 months but will be meeting next week. Keva Lee has put in her application for CSAA Board membership.
- Wants to find activities in Choteau for peers
 - Can't get full day-treatment funding because only 3-4 peers, but want to start activities so that more people will participate
- It was suggested that CSAA funding be applied for to help with this
 - Dan Ladd clarified that CSAA can not provide funding for services, only for planning and development.

Hill County LAC – Jane Wilson

- Jane attended the LAC meeting yesterday and it was not as well attended as some—mental health folks and law enforcement were main attendees—went well.
- When someone has a lot of contacts with law enforcement, can we sit down with stakeholders and make a plan for this person?
- Report from a consumer that a crisis situation was well handled—and law enforcement has only had one day of training for how to work with people with mental illness in crisis

Harlem/Fort Belknap LAC – Lenore Stiffarm, Mavis Young Bear

- Planting Seeds of Hope workshop
- Will try to get Jerry Williams (MT Law Enforcement Academy trainer) to give Assist Training to tribal police.
 - It is a free, one-day program that was created as a risk management reduction tool aimed at reducing legal problems for law enforcement, but is quite effective in mental health crisis situations. Jerry will travel to your town to present to law enforcement.
- Mavis applied for recreation grant to serve people with mental disabilities
- Met with Jonathan Windy Boy - - planning tribal summit on April 14-15 with mental health issues on the agenda
- Developed packet for youth networking in schools. Distributed to school counselors, school board members regarding system of care and mental health disabilities.
- Lenore—campout this summer to debate whether to have a dry reservation—recipe for life. Volunteer effort.
- Warrior Down/Medicine Wheel – Jane Wilson
 - Warrior Down is a program of reentry for people who have been in the corrections system. Participation is picking up momentum rapidly there is a desire to regionalize the program
 - 7 trainings to become facilitator for 12-Step Medicine Wheel—“Wellbriety” is a system of culturally based healing that is holistic and family based (image--you can't fix a broken tree and put it into a sick forest; need to fix forest too)

Communications from the Executive Committee

- Tom handed out four items: *Montana State Hospital: Update – A Report Prepared for the Legislative finance committee; Thank you letter from Mental Health Oversight Advisory Council; Mental Health Legislative Focus Summit; Enews Treatment Advocacy Center.*
 - Ellen Cox will email these items to those who would like them.
- Vernon Bishop, whose term expires in April, thanked the Board for the opportunity to serve the CSAA. He recommended the book *I Am Not Sick, I Don't Need Help* by Xavier Amador.

Rocky Mountain Development Council (RMDC): Tri County Crisis Grant Progress – Elaine Bruce, Curt Chisholm

RMDC is a community action and human services agency that has been active for 42 years. Its mission is

to improve lives and strengthen communities. Emphasis is on the needs of people with low incomes. Through attendance of the Local Advisory Council (LAC), mental health crisis services were identified as significant need. The Lewis and Clark County Commission appointed the Mental Health Partnership Steering Committee consisting of law enforcement, the county attorneys, drug and alcohol treatment representatives, St. Peter's Hospital, Center for Mental Health (CMH), National Alliance on Mental Illness (NAMI), and the LAC. Three of four Objectives of the Crisis Grant have been met:

- Crisis stabilization facility
 - The Care House opened June 2006. A new facility is needed at this time.
- Mental health crisis response team (CRT)
 - Started March 1, 2007. Serves both children and adults, mostly at ER but also at homes. Three full-time employees. Funding sources: \$40,000 from the counties, \$40,000 from St Peter's Hospital, and the rest of the funding comes from CMH
- Secure Facility (planning stage)—
 - Approach 1: recovery based, biopsychosocial, co-occurring to serve all consumers (public funded, privately insured, returning vets, adolescents—who currently going out-of-state for treatment, people over age 65
 - Second approach: BHIF
 - Sustainability is essential: Need to learn from others who have sustainable models—multiple funding sources

Tri County Memorandum of agreement was signed with RMDC. Participating counties are Lewis and Clark, Broadwater, and Jefferson.

Communication with AMDD

Project to designate Lewis and Clark, Gallatin, and Cascade Counties as provider shortage counties -- John Schroeck, State of Montana Primary Care Office

This is the year of the Mental Health-Health Professional Shortage Area (MH-HPSA) Review. A HPSA is a Federal designation that allows access to Federal funds for underserved areas throughout US in the designated health care fields of primary care, dental health, and mental health. The designation must be for a geographic area that is a rational grouping, for example eastern Montana has a large shortage area. To qualify for mental health funds the designated area must have a ratio of 30,000 people/one psychiatrist. Calculation for qualification is based on Medicaid visits. Major benefit for geographic or low income designation is student loan repayment benefit (\$25,000/yr on student loan). Facilities and psychiatrists have guidelines: facility must have a sliding fee payment scale and be open to all. Its psychiatrists must be working full time in out-patient care. John makes the designations, which must be updated every four years. He works with Linda Priest of Northwest Consultants in conducting the survey work; he does much of survey work himself. Want FTEs to be as low as possible while still meeting qualification criteria.

Questions/Discussion

- How will telemedicine be counted in considering psychiatrist FTEs? --Good question!
- Nurse practitioners, APRNs can also participate in loan repayment.
- How can we help? --Talk to your County Commissioners, hospitals, and local legislators, to get everyone on board to support this. Missoula did a great job of this.
- Lewis and Clark, Yellowstone, and Gallatin Counties will be challenge to qualify for MH-HPSA funding because of the number of health care providers in those areas. John will probably be looking at low income designations.
- Will having older doctors compared to young make a difference? --It does in dental, but not in primary care and mental health.
- Is there a format for a letter of support to give to providers, etc? --Yes. Can look at Missoula website, and John will provide drafts further on in the process. Missoula got all political entities together and signed one letter (a stunning feat!).

Montana Statewide Data Recovery Markers for Employment, Housing, and Symptom Interference --

Alison Hwong

- Linking services to outcomes -- Handout: *Central Service Area Authority Data*. Only reflects adults

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without-patient with case management at this time; self-reported This data is only a starting point. Hope to expand the database to all served populations and have greater detail in the future. Data is still not highly detailed, for example, gender, age, ethnicity not reflected in handout. Highlights:

- Employment: majority are “disabled” (would like to work but can not due to my disability) and not employed
- Housing: majority are living ‘independently with others’ or ‘living independently’
- Symptom Interference: majority are suffering from severe to moderate symptoms

Discussion

- Concern for security of data
- PACT data should be included
- Lacking in cognitive remediation (learning to live with symptoms of mental illness)
- PACT bills by the day, per client, and all wrap-around services are part of it so PACT clients are not reflected in data
- Many people with a lot of symptoms may be living in dysfunctional situations
- Alison is off to medical school in the fall!

Other Current Matters -- Dan Ladd

Recovery Grants

- Dan Ladd handed out information about the awarding of recovery grants: *Draft, for internal use only -- Recovery Grants*. Dan requested that CSAA Board members respect the DRAFT status of this information.
 - Funding for first year must be spent by June 30, 2008
 - All proposals were excellent—all qualified. There was just not enough money to fund all the requests. Getting a grant is competitive and awarding of grants is based on scores.
 - Some areas of the state seem to have specialties, for example western Montana does a wonderful job with providing/creating housing
 - Vernon (who, along with Sue Chvilicek, represented the CSAA on the decision making panel): the dilemma was that there were so many applications
 - Letters of best and final offer will go out: can you do your project with the funds we are offering?
 - 72 HPE will help support and sustain all these grants—“uninsured is what is killing the system.”

Discussion/Questions

- Are scoring sheets public information (person wanted information on how to improve grant applications in the future)? --What would be more helpful is to read/study highest scored grants
- Dan handed out *Mental Health Drop-In Centers RFP08-1591P—Evaluation Committee Meeting Minutes*.
 - Future funding will be based on whether the population at the Montana State Hospital declines
 - Funding is available only until June 2009

Discussion/Questions

- What happened to jail/prison census? --We need to see that dropping too.
- Molly: we need a big pie chart to show what money went in, where it went, and what's happening as a result. Need to be able to evaluate what is working and what isn't. --Alison Hwong is working on those numbers.
- Need suicide rate before and after state suicide prevention coordinator
- Dan: the SAAs are essential to make the changes
- Overarching intent is keeping people in their communities
- Need more aftercare after release from MSH; also need more crisis intervention to keep

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people out of the hospital

- A lot of money has gone toward adult mental health around the state. We need to make sure that we are thanking Governor and legislatures.
- What is happening with drug and mental health courts?

Board Action

Set a date and venue for the CSAA Congress

- Martha, Jeffrey, Ellen, Molly—Helena folks
- By-laws state that Congress meets the first Saturday in April, but by-laws allow for modification as necessary
- Will meet Saturday April 19 or 26
- Put public notice in Havre, Great Falls, Bozeman, Livingston

Nominating Committee – Vernon Bishop

- Teton/Pondera--Keva Lee Lewis is a family member and consumer who will be recommended for the rural seat previously held by Kathleen Hartman
- Recommended from Great Falls: Mike McLaughlin (1-year), Marlene O'Connell (hospital representative on CSAA Board); Julia Volk will fill alternate position
- Hill Co LAC -- Robert Fegan-consumer
- John Watson -- consumer, Louise Brewster -- consumer/family member
- Jacob Wagner will be running for his seat again

SAA Summit is April 11 in Bozeman

Mavis Young Bear -- request for funding from CSAA

- Mavis has an opportunity to attend the Combined Mental Health, Social Service and Substance Abuse Conference: Integrating Emerging Practices and Traditions; A Path to the Future, conducted in collaboration with the Aberdeen Area Indian Health Service and facilitated by the University of Nebraska, Lincoln Academic Conferences. It is a training covering interagency crisis response in communities/reservation, drug abuse/dependence, drug abuse and violence, mental health needs on reservations, and culturally appropriate counseling techniques. The training takes place April 21-25, and Mavis needs approximately \$1500 to cover the expenses for her attendance. She will bring this training to CSAA Board.

Jeffrey Krott moved to approve \$1500 funding for Mavis Young Bear to attend the April 21-25 training. Second by Vernon Bishop. Motion carried.

Discussion

- Suggested Mavis be available to speak in other venues than just CSAA Board
- Secretary Bishop indicated he would like Mavis to send him an electronically copy of materials

Public Comment

- Patti Jacques: MSH Chapel Project has raised \$60,000. Lots of churches are donating. The Committee is available to make presentations—the will be presenting in Billings April 19 and 20.

Miscellaneous

- NAMI Consumer Support group Facilitator Training May 11-14. Contact Sandy Mihelish, NAMI Education Director
- Tom Peluso—surplus computers at AMDD (approx 24) that could go to drop in centers, etc. Joyce DeCunzo has approved their distribution. Tom suggested 1/3 to each service area. The computers are only 3-4 years old.
- Lenore Stiffarm—Served as CSAA rep on MHOAC for last year. Served one meeting, but has not been able to attend last three meeting due to lack of funds. CSAA will fund Lenore's travel and lodging (as needed) for future meetings.

- Tom to Sue Chvilicek: is Park Co a provider shortage area?

The meeting was adjourned at 3:30 PM.